



CLIVEDEN

**PRESS INFORMATION**

**17<sup>TH</sup> JULY 2017**

**A HISTORIC NEW BEGINNING**

**The Cliveden Spa, a place of unparalleled luxury in which to escape, renew and refresh has reopened.**



The opening of The Cliveden Spa marks the completion of a remarkable multi-million pound restoration of Cliveden House in Berkshire, which has seen the total transformation of this iconic luxury country house hotel. Honouring the illustrious 350-year history of this remarkable house, The Cliveden Spa has been revamped and has re-opened alongside a brand new state-of-the-art building which links the house to the spa within the walled garden. Hidden in a beautiful garden setting, screened by mellow brick walls covered with scented

roses and lavender, guests will discover a tranquil oasis offering a real sense of wellbeing and relaxation.

Combining quintessentially British treatments and products the Cliveden Spa creates a rejuvenating environment of unparalleled luxury in a setting that is rich in heritage, the holistic nature of the spa extends beyond treatments to the retail products and the spa restaurant, all of which meet the same exceptional standards of service, hospitality and attention to detail.

The centrepiece of the spa is the 'listed' outdoor swimming pool, beside which the now infamous Christine Keeler first met John Profumo. However, the spa itself is the epitome of modern luxury, from the cutting edge gym, complete with the latest Technogym equipment, free weights and stretch area, to the indoor heated pool, infrared sauna, aromatherapy steam room, indoor Jacuzzi, outdoor hot tubs, seven treatment rooms, a manicure, pedicure and hair dressing studio.

The Cliveden Spa also provides a new spa restaurant and lounge with views over the garden and the option of 'al fresco' dining, a welcoming reception area, changing rooms and a cleverly concealed glazed walkway, which brings hotel guests directly into the sanctuary of the spa without having to venture outside, except to dip their top into that famous outdoor pool!. On site there is also indoor and outdoor tennis courts.

The history of Cliveden has informed the treatments and products giving them a unique and original story. Anna-Maria, for whom Cliveden was originally built, as well as perhaps the House's most famous resident Nancy Astor, have provided the inspiration for the scents which are ever present in the spa. These scents reflect the combination of strength, subtlety and femininity of the women who inspired them.

The CLIVEDEN body COLLECTION uses our own range of products to provide guests with an exceptional personal experience to address the individuals complete wellbeing, each treatment is carried out on a water mattress and begins with a foot bathing ritual during which time the therapist conducts a full consultation to establish specific needs and tailors each treatment accordingly, creating an entirely bespoke experience. The Collection features treatments such as: 'The Rose Garden Experience', ideal for emotionally and physically tired souls, releasing tension and leaving skin hydrated and nourished and, 'The Garden Oasis Purifying Experience', designed to stimulate the natural detoxifying process.

The Cliveden Spa is thrilled to announce an exclusive partnership with global beauty influencer Sarah Chapman, renowned for her unique, award-winning facials and her luxurious yet scientifically advanced cosmeceutical skincare range. Spa guests can experience Sarah Chapman Skinesis® facial treatments, which combine powerful signature 'gymnastics' for the face and incredible lifting massage, with state-of-the-art technology and Sarah's potent Skinesis® products, to deliver skin that glows with youthful radiance.

In keeping with our quest to provide the very best British luxury spa products for our guests to experience in The Cliveden Spa, we have introduced OSKIA facial treatments, OSKIA treatments are designed to complement and accentuate their multi-award-winning nutritional skincare range. The holistic approach, combines bespoke anti-ageing techniques, drawing both on traditional knowledge, such as acupuncture, specialist massage, reflex and lymph drainage, through to gentle enzyme and AHA peeling that will leave the skin, body and mind rejuvenated and glowing.

These treatments instantly boost skin health while improving tone and texture and deliver an immediate natural glow and lasting benefits. They build on OSKIA's unique approach to boosting skin health and improving the complexion through a combination of topically applied essential cell nutrients and pioneering beauty actives, and bespoke facial massage techniques and equipment. The highly effective treatments will ensure that even the most tired complexions come alive and skin is left radiant and luminous.

Our studio offers luxury manicure and pedicure treatments, enhanced with a nod to our noble and unique heritage, by our own signature range of nail polishes with names and colours selected to reflect moments in our history, including '1666', 'Scandal' 'Intrigue' and 'Astor.

Open daily from 6.30 a.m. to 10.00 p.m. Monday to Friday and 7.00 a.m. to 9.00 p.m. on Saturday and Sunday, hotel residents and day spa guests can also enjoy a varied programme of lifestyle and fitness classes and personal training sessions together with Spa Day Retreats including: OSKIA and Sarah Chapman Spa Days, the Quintessentially Cliveden Spa Day and the Eternally Cliveden Spa Day All spa days include use of spa facilities, access to lifestyle and fitness classes, lunch in The Spa Kitchen, refreshments throughout the day and of course access to the 376 acres of National Trust gardens that surround the protect Cliveden and its fabulous new spa.



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**Cliveden House** is a five-star luxury hotel; the building is owned by the National Trust and operated under a long lease arrangement by the owners of Chewton Glen, Iconic Luxury Hotels. Less than 45 minutes west of London and 20 minutes from London Heathrow Airport, the hotel has 47 spacious rooms and suites in the main mansion plus Spring Cottage, a summerhouse on the banks of the River Thames, together with boathouse and boats, newly opened luxurious spa and a range of sporting and leisure facilities. The André Garrett Restaurant is complemented by the relaxed informality of The Astor Grill, together with a range of private dining, banqueting and meeting facilities. Cliveden is unique, the setting, architecture and interiors all speak eloquently of extraordinary extravagance and remarkable refinement. There is a palpable sense of history for this is a house that for over 350 years has been dedicated to the pursuit of pleasure, power and politics.