



CLIVEDEN

# THE PAVILION SPA

TREATMENT MENU





CLIVEDEN

## THE PAVILION SPA

**Tucked away in the heart of the Berkshire countryside and within easy access of London and Heathrow, The Pavilion Spa offers a unique historic experience in breathtaking rural surroundings like nowhere else.**

Situated inside the famous Walled Garden, The Pavilion Spa is an oasis of calm and relaxation. This haven of tranquillity offers an impressive list of beauty and holistic treatments from exclusive brands. In addition to this, spa guests can relax in the heated indoor and outdoor pools, Canadian hot tubs, whirlpool spas, saunas and steam rooms. Full and half day retreats are available to non-residents and for those wishing to try the "Cliveden Experience".

The Walled Garden is a secluded suntrap, with an array of sun beds next to the pool. Spa guests can dine in the Conservatory restaurant for informal light lunches and a waiter service is available by the pool.

The Pavilion Spa offers specialist face and body treatments suitable for all ages, men and women. Robes, towels, slippers, toiletries, water, tea, coffee, herbal teas, homemade biscuits, fresh fruit, newspapers and magazines are all provided with our compliments.



## OUR PARTNERS

**Here at The Pavilion Spa we have selected only the very best skincare product houses, Anne Semonin and Carita. Both provide an exclusive treatment and experience whilst delivering outstanding results.**

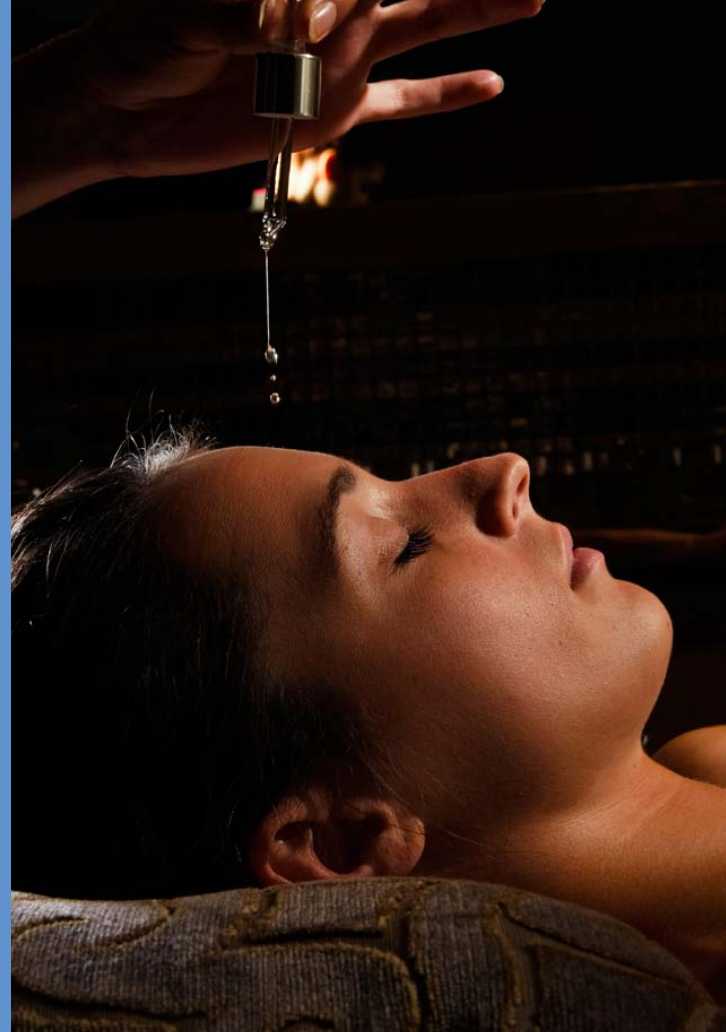
### ANNE SEMONIN

The Anne Semonin treatment collection combines an ingenious blend of aromatic essentials oils, trace elements and marine ingredients with the classic French touch and a holistic approach to treating the individual needs of your body and skin. Anne Semonin treatments are designed to be "tailor made" and are focused towards maximum comfort, absolute luxury and outstanding results.

### CARITA

Enjoy the ultimate skincare experience. Discover a whole new level of skincare with the luxurious and innovative range of CARITA facial treatments. The unique fusion of science and nature has made CARITA the anti-ageing skin care secret of some of the world's most beautiful women for over half a century.

Expert therapists combine specially developed massage techniques with the advanced technology of our exclusive Pro-lifting equipment. At the same time, CARITA's exquisite and instantly effective range of products scientifically targets every woman's individual skincare needs to produce results that will delight and astonish.



## SIGNATURE BY ANNE SEMONIN

### **The Cliveden Supreme Haute Couture Face and Body Therapy by Anne Semonin**

2 hours and 15 minutes

£175.00

A totally indulgent face and body experience taking the Anne Semonin 'customisation' concept to new heights. Allow our highly trained therapist to perform this apothecary style treatment that is tailor made for you. A "made to measure" sea salt body scrub and botanical hot oil wrap flows into an indulgent four hand massage to soothe tension and work on all stress zones. An intensive rehydrating facial will leave your feeling uplifted yet relaxed. This treatment is a fabulous gift for you or someone you cherish.

### **The Parisian Top to Toe Therapy by Anne Semonin**

85 minutes

£125.00

This treatment begins with an invigorating back cleanse to exfoliate and smooth the skin. A soothing back, neck and scalp massage begins this wonderfully relaxing therapy designed to relieve key areas of tension and muscle tightness. Combined with the Made to Measure Facial the result is re-hydrated, nourished and protected skin and an overall sense of calm and harmony. Finish with a wonderful pressure point foot and leg massage making this a fabulous top to toe experience.

### **The Classic Made-to-Measure Intensive Face, Eyes and Décolleté Therapy by Anne Semonin**

85 minutes

£125.00

This treatment begins with an invigorating back cleanse to exfoliate and smooth the skin. A soothing back, neck and scalp massage begins this wonderfully relaxing therapy designed to relieve key areas of tension and muscle tightness. Combined with the Made to Measure Facial the result is re-hydrated, nourished and protected skin and an overall sense of calm and harmony. Finish with a wonderful pressure point foot and leg massage making this a fabulous top to toe experience.



## FACIALS BY ANNE SEMONIN

An innovative facial collection by Anne Semonin that delivers results!

- Truly 'Parisian' in every sense of the word bringing dynamic results to the skin.
- Truly 'Professional' – Your skin is analyzed and products are mixed and blended in front of your very eyes for your unique concerns.

### **The Age Defying Cryotherapy Facial by Anne Semonin**

1 hour

£115.00

The cryotherapy power of the express radiance ice cubes when applied over the face, neck and décolleté will instantly revive, lift and plump the skin. This spa facial is a complete indulgent and truly divine experience. The skin is deeply cleansed and polished, steam and extraction will be performed if necessary and an intensive pressure point facial and ice massage will leave your complexion visibly brightened and glowing.

### **The Deep Marine Purifying Facial by Anne Semonin**

1 hour and 25 minutes

£115.00

Ideal for combination, oily, congested, problematic skin, this complete deep cleansing purifying treatment combines traditional steam and extraction techniques with rebalancing lymphatic drainage massage. A detoxifying and anti-inflammatory peel off mask and aromatic intensive complexes are used to soothe calm and rebalance the skin to encourage a visibly clear complexion.

### **The Miracle Eyes by Anne Semonin**

25 minutes

£40.00

This skin enhancing "made to measure facial" ensure effective, visible results. Designed to be tailor made for your individual skin needs through individually blended plant active serums, masks and aromatic intensive complexes.

### **The Age Zone Eye and Lip Firming Treatment by Anne Semonin**

45 minutes

£65.00

A specialised effective treatment to combat fine lines, wrinkles, dryness and sensitivity around the eye and lip area. This 'Age Zone' therapy will also target fine lines and loss of elasticity as well as a sublime hand and arm massage. Leaves the skin soft and supple and eyes full of youthful sparkle! Warm aromatic oils are used to massage your neck and shoulders ensuring this is a de-stress experience.



## FACIALS BY CARITA

### **Pearl of Youth - Anti-Ageing/Preventative Ageing**

70 minutes

**£90.00**

This hands-on facial soothes and brightens the complexion using Swedish and lymphatic massage techniques to drain away impurities and puffiness. Tailored to suit your skin's every requirement your complexion is restored and rejuvenated and its natural beauty enhanced.

### **Ideal Intense Hydration**

70 minutes

**£90.00**

Capture essential moisture by providing intensive moisturisation for dehydrated skin, fine lines caused by stress, fatigue and dryness are eliminated and the skin's natural moisture balance is restored to produce a renewed radiance and an immediate and long-lasting suppleness.

### **Ideal Intense Douceur for Sensitive Skin**

70 minutes

**£90.00**

Sensitive skin is soothed and protected with a specially designed relaxing massage and the expert application of CARITA products carefully formulated to reduce redness, calm irritations, increase suppleness and strengthen the skin's natural defences.



## BODY THERAPY BY ANNE SEMONIN

### The Cliveden Signature Massage by Anne Semonin

30 minutes **£50.00**      60 minutes **£80.00**      90 minutes **£125.00**

A full body massage to thoroughly indulge you from the top of your head to the tip of your toes. This wonderfully therapeutic massage using a unique aromatherapy blend created just for you so you can relax, unwind and de-stress. Allow our spa therapists to create this massage to suit all of your concerns using a selection of techniques and strength depending on your needs.

### The Volcanic Thermal Stones Body Ritual by Anne Semonin

75 minutes **£120.00**

Heated black basalt stones are used to massage the whole body releasing deep seated tension ideal for anyone suffering with muscular aches and pains. Working at relieving stress at the deepest level this treatment is designed to work on the body's energy channels this intensive exceptional treatment is a holistic and energising therapy for the mind body and spirit.

### The Black Sand Jewel Exfoliating Massage

1 hour and 25 minutes **£130.00**

This ultimate exfoliating experience with Black Sand from Tahiti and aromatic oils actively sweeps away dead surface skin cells, leaving skin wonderfully soft, silky, detoxified and youthfully radiant. The delicate fragrance of exotic verbena promotes a holistic sense of wellbeing and relaxation. Aromatic oils are applied all over the body to deeply nourish, soften and re-mineralise the skin, followed by a revitalising exfoliation and body wrap. This therapy concludes with a full body massage, to reawaken your senses.

### Express Black Sand Aromatic polish

45 minutes **£60.00**

An express aromatic verbena body polish the perfect skin preparation, leaving skin deeply nourished, smoothed and hydrated.

## CLASSIC TREATMENTS BY PAVILON SPA

### Oil of Evening Primrose Wrap

55 minutes **£60.00**

Exfoliation followed by an anti-ageing, skin-softening body mask to help soothe and nourish dehydrated and sensitive skin conditions. Wonderfully rehabilitating for the skin after excessive sun exposure.

### Honey and Mango Wrap

55 minutes **£60.00**

Exfoliation followed by a delicious body mask containing essential oils to aid lymphatic drainage to cleanse and detoxify the system.

### Tranquillity Scalp Massage

25 minutes **£40.00**

A de-stressing massage for the shoulders, neck, scalp and face to restore energy and vitality to the body and mind.

### Pressure Point Foot Massage

25 minutes **£40.00**

Feet and lower legs are immediately relaxed, circulation is stimulated and excess fluid is dispersed leaving your legs feeling fresh and light.





## MENS COLLECTION

### **Made To Measure Grooming Facial**

70 minutes

**£85.00**

This Phyto-Aromatic Facial is tailored to you. Following a consultation a bespoke facial is created for your skin using our Anne Semonin essential oils, trace elements, serums and botanical oils. Unique to you to smooth and soothe your skin.

### **Stress Relief Bubbling Mud Back Therapy**

45 minutes

**£55.00**

An ideal treatment following exercise, travel or a hard day in the office. A self-heating marine mineral mud treatment for the back, neck and shoulders is designed to release tension and combat tight muscles. The back, feet and lower legs are carefully massaged to relax and improve circulation allowing a powerful sense of wellbeing. This energising, stimulating therapy will rebalance your energy levels and reactivate your senses.

### **Pro-Lifting Pour Homme**

70 minutes

**£90.00**

The CARITA treatment is suitable for male skins, providing a rejuvenating lift for mature skin.

## PREGNANCY COLLECTION BY ANNE SEMONIN

### **Soothing Pregnancy Face and Body Therapy**

1 hour and 25 minutes **£130.00**

A relaxing, unwinding therapy for expectant mothers, targeting areas of aches and pains and rejuvenating the face and body to give ultimate radiance back to the skin. This nurturing therapy will help treat muscular aches, fluid retention, stress and fatigue.

### **Pregnancy Glow Facial Boost**

55 minutes **£90.00**

Hormonal effects on the skin can cause dryness, breakout, increased pigmentation and a lack luster complexion. Re gain that beautiful pregnancy glow with this rehydrating soothing facial therapy. The use of intensive calendula oil, special attention is paid to relaxing your neck and shoulders, relieving tension in the scalp leaving your skin glowing.

## SPECIALIST AND HOLISTIC COLLECTION

### **Reflexology**

55 minutes **£65.00**

Based on ancient holistic principles, this healing treatment centres on reflex points on the feet which reflex the organs, zones and energy channels of the body. Using gentle pressure and massage, areas of tension and congestion are released to ease imbalance.

### **Sports Massage**

55 minutes **£75.00**

Deep tissue massage therapy designed to achieve the ultimate in tension relief. The therapist will personalise the treatment to concentrate on specific areas of concern.

### **Indian Head Massage**

25 minutes **£40.00**

A de-stressing massage incorporating acupressure techniques to the shoulders, neck, scalp and face to restore energy and vitality to the body and mind.

## FINISHING TOUCHES

### **Waxing**

25 minutes **£40.00**

Feet and lower legs are immediately relaxed, circulation is stimulated and excess fluid is dispersed leaving your legs feeling fresh and light.

## HAND & FOOT TREATMENTS

### **Manicure**

45 minutes **£45.00**

A luxurious and exotic skin replenishing treatment, incorporating a gentle exfoliation, relaxing hand massage, cuticle care, filing and, for ladies, the treatment finishes with an application of your choice of nail polish.

### **French Manicure**

70 minutes **£55.00**

### **Luxury Manicure**

60 minutes **£55.00**

### **Mini Manicure**

25 minutes **£35.00**

### **Pedicure**

60 minutes **£50.00**

Luxurious and exotic skin replenishing treatment, incorporating a gentle exfoliation, hard skin removal, relaxing foot massage, cuticle care, file and, for the ladies, the treatment finishes with an application of your choice of nail polish.

### **French Pedicure**

70 minutes **£65.00**

### **Luxury Pedicure**

60 minutes **£60.00**

### **Mini Pedicure**

25 minutes **£35.00**

### **Pressure Point Foot Massage**

25 minutes **£40.00**

Feet and lower legs are immediately relaxed, circulation is stimulated and excess fluid is dispersed leaving your legs feeling fresh and light.

## SPA DAY PACKAGES

The Pavilion Spa day packages offer the unique opportunity to escape from the stress of a busy lifestyle. A wide range of relaxing, therapeutic and grooming treatments for ladies and gentlemen are available and bespoke packages can also be individually tailored for guests.

All Spa Day packages include, coffee, herbal teas and homemade biscuits on arrival, served in the Conservatory overlooking the gardens and outdoor pool. Relax in the sauna, whirlpool spa or steam room. Swim in the heated outdoor or indoor pools. Relax around the indoor pool or in the beautiful setting of the walled garden. Robes, towels, slippers, toiletries, water, herbal tea, fresh fruit, newspapers and magazines are provided.

Before going home, why not take a walk in the secret garden, down to the Thames or across the lawns to the Fountain of Love? Alternatively, stay late, change for the evening, have drinks in the Great Hall prior to dinner, and dine in Waldo's or the Terrace Dining Room with its stunning views over the Parterre. Booking is advisable.

### **Sunrise Spa (Half Spa Day)**

Monday to Thursday

**£85.00**

What a way to start the day all relaxed and refreshed. Commencing at 9am and concluding at 2pm, this half spa day includes a half hour treatment of either a facial, back, neck and shoulder massage, manicure or pedicure. You will also have the full use of the spa facilities, a two course lunch and a glass of Champagne.

### **Twilight Spa (Half Spa Day)**

Monday to Thursday

**£85.00**

If work is bringing you down and you need a big pick me up, then the Twilight Spa is just the ticket. Commencing at 5pm and concluding at 9pm, this half spa day includes a half hour treatment of either a facial, back, neck and shoulder massage, manicure or pedicure. You will also have the full use of the spa facilities, a two course dinner and a glass of Champagne.

### **The "Miracle" Made to Measure Spa Day**

**£150.00**

This spa day is a great introduction to the "Miracle" of Anne Semonin. This made to measure day includes a tailor made facial leaving you with immediate results followed by a miracle eyes treatment designed to enhance, lift and firm your eye area. Combined with the tailor made facial you will see maximum results and immediate benefit. This truly unique experience also includes full use of the spa facilities and a two course lunch.

### **Cliveden Classic Spa Package**

**£140.00**

This program is specifically designed to combat the effects of a stressful lifestyle and consists of a back, neck and shoulder massage, spa facial and a two course lunch enjoyed in the Conservatory

### **Mother-to-be Package**

**£170.00**

A mother-to-be goes through emotional and physical changes during her pregnancy. This special package is designed to address these changes and includes an Anne Semonin Pregnancy Glow Facial Boost, a mini manicure and mini pedicure and a two course lunch in the Conservatory.

### **Cliveden Gentleman's Spa Day**

**£170.00**

With the fast pace of modern day life, men need to relax and recharge just as much as women! Your spa day will consist of a Swedish massage, facial and a two course lunch enjoyed in the Conservatory.

### **Cliveden Retreat**

**£225.00**

Enjoy three hours of relaxation including an aromatic massage, custom hands-on facial and manicure as well as a two course lunch served in the Conservatory

### **Cliveden Complete Pamper Spa Package**

**£225.00**

A full day of complete pampering consisting of a back, neck and shoulder massage, manicure, pedicure, body wrap including full body exfoliation and a two course lunch enjoyed in the Conservatory.

### **Bride's Spa Day**

**£300.00**

There's never a more important time to look your best than on your wedding day, so prepare yourself for the big day with a full body massage, luxury manicure, luxury pedicure and a two course lunch in the Conservatory with a glass of Champagne.

### **Groom's Spa Day**

**£225.00**

Designed to help any groom relax prior to their wedding day, this spa day includes a full body massage, executive manicure, gentleman's pedicure and a two course lunch in the Conservatory with a glass of Champagne.

All Spa Days are subject to availability.

# SPA GUIDELINES

## Booking

To book a treatment, please call The Pavilion Spa on 01628 607177. Please note a credit card number will be required at the time of booking to secure your appointment.

## Gift Vouchers

Beautifully presented vouchers are available for any treatment or package and can be purchased by telephone 01628 607177 or by email at pavilionspa@clivedenhouse.co.uk

## Products

A full range of skincare and lifestyle products are available to purchase. Please ask your therapist or spa receptionist for assistance. A free personal consultation and recommendation service is available for all House guests.

## Children

Children aged 16 years and under may use the pools between 9am and 11am and 3pm and 5pm. (Adult supervision at all times). The minimum age for treatment therapies and the use of other areas of the spa, including hot tubs, sauna and steam room is 16 years of age. Adult supervision is required for all children under the age of 16 years. Children must wear suitable swimwear to prevent soiling of the pool during swimming.

## Cancellation Policy

A full charge will be made for treatment appointments cancelled with less than 72 hours notice.

## Treatment Time

In order for us to provide you with the best possible care, we request that you arrive 15 minutes prior to your treatment time. As a courtesy to our other spa guests we endeavour to ensure that treatment times are adhered to and consequently may not be able to treat clients who arrive late. We regret that latecomers will incur the full fee for shortened treatment times.

All areas of the Spa are designated non-smoking and are mobile phone free zones.

## Health and Safety

A treatment consultation form will be completed prior to your first appointment and updated at subsequent appointments. It is vitally important that you inform your therapist if you are or suspect that you might be pregnant. Please ensure that you fully inform us of any medical conditions, changes to your medical status, if you are undergoing any medical treatment or taking prescribed medication. Some treatments might be contra-indicated by certain medical conditions, however we will endeavour to provide you with an alternate treatment.

If you suffer from high blood pressure, have recently been unwell, are or believe you might be pregnant, you should not use the sauna, steam room, whirlpool spa or Canadian hot tubs. Alcohol should not be consumed prior to using the wet spa areas or having treatments. No pets are allowed in the Walled Garden and spa area.



CLIVEDEN

# THE PAVILION SPA

Taplow · Berkshire · SL6 0JF

Telephone: 01628 668561 · Fax: 01628 661837

pavilionspa@clivedenhouse.co.uk · [www.clivedenhouse.co.uk](http://www.clivedenhouse.co.uk)